West Milford Township Library

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General Info/Renewals	973-728-2820
Adult/Teen Services	973-728-2822
Children's Services	973-728-2823
Karyn Gost, Director	973-728-2824
Email: wmtl@wmtl.org	

Library Hours

Monday	10:00 a.m 8:00 p.m.
Tuesday	10:00 a.m 8:00 p.m.
Wednesday	10:00 a.m 8:00 p.m.
Thursday	10:00 a.m 8:00 p.m.
Friday	10:00 a.m 6:00 p.m.
Saturday	10:00 a.m 5:00 p.m.
Sunday	12:00 p.m 4:00 p.m.

Board of Trustees

	James Rogers	President
	Sandra Nebel	Vice President
	Linda De Franco	Secretary
1	Geoffrey Syme	Treasurer
	Jodie Comune	Superintendent's Rep.
	Michele Dale	Mayor
	Michele Hammel	Trustee

The Library Board of Trustees meets in the Library Conference Rm. on the 2nd Tuesday of every month at 7:00 p.m. Next meeting Tuesday, May 13.

Friends of the West Milford Township Library Carol Heinz, President. http://friendswmtl.org/

We're here for you,

even when the doors

are closed!



FIND US on our website www.wmtl.org

LIKE US on www.facebook.com/WMTLibrary

SUBSCRIBE TO US on https://bit.ly/WMTL

FOLLOW US on www.Instagram.com/wmtl_library

VISIT US on www.pinterest.com/wmtl

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WMTL is looking to add to our selection of adult programming. We're particularly interested in topics such as crafting, gardening, hiking, fishing, boating, and local history but other presentations are welcome. If you are interested in contributing to our adult programming, please read our Library Programming Policy and fill out a form. Both of those can be found on our website at www.wmtl.org/programming-policy.

Questions? Email wmtl@wmtl.org or call 973-728-2822.

Youth Services Events

Registration is required where noted, please visit the Events Calendar at www.wmtl.org/events to register. Teen programs are for Grades 6-12 only. Need assistance or have questions? We're here to help!

Teen Events—Visit the Adult/Teen Services Desk or call 973-728-2822. Children's Events—Visit the Children's Room or call 973-728-2823.

Teen Events

- Available all month long in the YA Section on the 1st Floor.
- ence Rm.
- Adult/Teen or Children's Services Desk. While Supplies Last.
- ▶ May 6: Mom & Teen Paint Night-6:00 PM—2nd Floor Rm1&2. *Registration is required.
- 8 May 8: Outrageous Origami Hour-2:30 PM-2nd Floor Library Conference Rm.
- ence Rm. *Registration is required.
- ▶ May 13: Writer's Café-3:45 PM—2nd Floor Library Conference Rm.
- Nay 15: Outrageous Origami Hour-2:30 PM—2nd Floor Library Conference Rm.
- Nay 20: Between-The-Lines Middle School Book Club (Snapdragon)-3:45 PM—2nd Floor Library Conference Rm. *Registration is reauired.
- ference Rm.
- № May 22: Cover-To-Cover Teen Book Club (Hearstopper)-3:45PM— 2nd Floor Library Conference Rm.
- ▶ May 23: Super Mario Kart Tournament!-3:45 PM—2nd Floor Rm 6&7.

Children's Events

- 8 May 1: Brown Bag Book Club. Grades K-2. 4:15 PM—2nd Floor Children's Rm. *Registration is required.
- Floor Children's Rm. While Supplies Last.
- Adult/Teen or Children's Services Desk. While Supplies Last.
- 80 May 6: Simply Stories. Ages 2-5. 4:30 PM-2nd Floor Children's Rm.
- ▶ May 6: Lego Club. Ages 5-12. 6:00 PM—2nd Floor Children's Rm. *Registration is required.
- 4:15 PM—2nd Floor Rm. *Registration is required.
- ▶ May 9: Crazy 8's Crafting. Ages 8-12. 4:00 PM—2nd Floor Children's Rm.
- ▶ May 13: Simply Stories. Ages 2-5. 4:30 PM—2nd Floor Children's Rm.
- Rm. *Registration is required.
- ▶ May 15: R.U.F.F.-Read to a Dog! Ages 5+. 6:00 PM—2nd Floor Children's Rm. *Registration is required.
- 🔊 May 17: Family Fun @ The Library: How to Draw! All ages. 3:00-5:00 PM—2nd Floor Children's Rm. *Registration is required.
- ▶ May 20: Simply Stories. Ages 2-5. 4:30 PM—2nd Floor Children's Rm.
- 5&6. 4:15 PM—2nd Floor Rm. *Registration is required.
- ▶ May 30: STEAM Lab. Ages 5-12. 4:00 PM—2nd Floor Rm. *Registration is required.

Fine Print

West Milford Township Library

Call for Artists! Share Your Talent @ **WMTL**



WMTL, in partnership with the Township of West Milford, is pleased to invite local artists to apply to exhibit their works in the Gallery of the West Milford Township Library and Community Center. The library is proud to celebrate the talents of our community members by highlighting their works, living up to our mission of positively impacting people's lives as a true center of the community.

In June of 2017 the new West Milford Township Library and Community Center opened it doors with a bigger and brighter space for the community. Included in it's design was The Gallery on the 2nd floor with large windows and scenic views of Bearfort Mountain. This open space is also now home to a beautiful baby grand piano donated by Carolyn Ott, Friend, and wife of the late Doug Ott, a longtime Library Board Member and former Library Board President. The piano is the centerpiece for concerts generously sponsored by our Friends, and is surrounded by the art of talented artists like you!

If you would like the opportunity to share your art with our community, applications for exhibits are now being accepted by WMTL. For details on exhibiting artwork in the library's Gallery, including policy, procedures, and application, please visit our website www.wmtl.org/exhibits. As an educational and cultural institution, WMTL welcomes exhibits of interest to the general public, with preference given to local artists. For more information, please contact the Library Director, Karyn Gost, at gost@wmtl.org.

Journeys Book Club

Thursday, May 2 2:00-2:45 p.m. 2nd Floor—Library Conference Room

The West Milford Township Library now has a new book club for adults to enjoy! In addition to our long standing, beloved monthly Chapters program, Journeys Book Club is going to take place periodically throughout the year and will feature books of all genres and special-interest areas of fiction and nonfiction! This month's selection is a mystery title by Anthony Horowitz, *The Word is Murder*.

If you would like to travel off your regular reading path to try new genres, topics, or authors, join us for our first journey! The program will take place in the early afternoons at 2:00 p.m.

Registration is required. Please register online at www.wmtl.org/ events, or call or visit Adult/Teen Services at 973-728-2822.



1470 Union Valley Road West Milford, NJ 07480 Email: wmtl@wmtl.org Web: http://www.wmtl.org (973) 728-2820

May 2024

Hudson's Crossing Saturday, May 18 2:00-3:00 p.m. 2nd Floor—Rm 6&7



Hudson's Crossing is a classical guitar trio consisting of Martin Brounstein, Lawrence Levy, and Jeffrey Wilt. They have been together since 2021 and perform throughout the Hudson Valley and northern New Jersey. Their sonic offering consists of, among other things, classical, South American, and pop music.

Registration is required for this free program sponsored by the Friends of the West Milford Township Library. Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822.



Hudson's Crossing

Sound Bath Meditation

Tuesday, May 14 6:00-7:00 p.m. 2nd Floor—Rm 6&7

Join certified sound facilitator Donna Jean Neill for an evening of relaxation! Ms. Neill will use singing bowls and an assortment of other instruments to provide a sound bath. A sound bath is a meditative experience where people are "bathed" in sound waves. The sounds will produce a harmonious and calming influence on the listeners.

All participants need to bring an exercise/ yoga mat, a small pillow, and a blanket. They must also wear comfortable clothes.

Registration is required. Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822.

Coloring Crew

Monday, May 6, 13, and 20 2:00-3:30 p.m. 2nd Floor—Library Conference Room

Enjoy coloring, conversation, and company with WMTL's coloring club for adults. We'll supply the coloring pages, tools, and space; you'll supply the conversation and company! Registration is not required, just bring your creativity!

The Sunshine Series on Health and Wellbeing: The Shining Gem

Saturday, May 4 2:00 p.m. 2nd Floor—Rm 1&2

Join John Malatras for the eighth talk in a series of interactive, free flowing discussions on the challenges of getting and staying healthy in today's world. This newest discussion will center on strategies for stress and weight management. Life is full of ups and downs. Learn about natural ways to improve your ability to "digest life." The topic draws inspiration from the "shining gem", a subset of Sanskrit Ayurvedic philosophy that champions physical and mental harmony.

The focus of the Sunshine Series is on medicines from the earth, such as herbs, probiotics, and medicinal mushrooms; along with the roles stress, exercise, the mind-body connection, and nutrition play in your personal health.

John Malatras and his wife Sally founded Harvest Moon Health and Nutrition in West Milford in 1997. They operated it until their retirement in 2018. The series is called "The Sunshine Series on Health and Wellbeing" in Sally's honor:

"Sally was my Sunshine, and she brought that to all who met her." – John Malatras

John is always willing to offer his honest and experienced guidance. Personal consultations after the talk are encouraged. Please bring any dietary supplements that you may have questions about, or items that you want evaluated for nutritional quality.

This series does not claim to offer medical advice. Consult a licensed doctor for medical issues.

Registration is required. Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822.

Chapters

Chapters is WMTL's long standing book discussion group for adults that meets the third week of every month. Choose to attend a morning or evening session, either in-person or virtual via Zoom. To register for the morning or evening discussion, Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822. An email with the Zoom meeting links for each session will be sent to all just prior to the first session.



The Authenticity Project Monday, May 13, 11:00-11:45 a.m. Thursday, May 16, 6:00-6:45 p.m. 2nd Floor—Library Conference Room

Julian Jessop, an eccentric, lonely artist and septuagenarian believes that most people aren't really honest with one another. But what if they were? And so he writes—in a plain, green journal—the truth about his own life and leaves it in his local café. Before long, others who find the green notebook add the truths about their own deepest selves—and soon find each other at Monica's Café.

Ellis Island: Island of Tears, Island of Joy Wednesday, May 8 6:00 p.m.-7:15 p.m. 2nd Floor—Rm 6&7

Mario Medici returns with another gripping lecture into our nation's past! Ellis Island is often referred to as the "Island of Hope" and "Island of Tears." Find out why by taking in a slideshow and lecture covering the island's earliest days up to the present. Relive some of our immigrants' experiences, and stories, along with their fears and disappointments. The lecture will include actual immigrant pictures both past and present, along with their stories.

Registration is required. Please register online at www.wmtl.org/ events, or call or visit Adult/Teen Services at 973-728-2822.







Gentle Yoga with Michelle

Wednesday, May 1 Wednesday, May 15 6:30-7:45 p.m. 2nd Floor—Rm 6&7

Gentle Yoga with Michelle is a less intense, non-strenuous, and quieter form of yoga that focuses on revitalizing the body, relaxing the mind, and reducing stress from within. Michelle Brook is a 200hour Registered Yoga Teacher certified by the American Yoga Academy. Please bring a yoga mat, Mexican blanket, other small blanket, or a large towel with you for the class. These will be used for sitting and to cushion the knees.

Registration and completion of the required waiver form is required. Registration is limited to 15 per class. Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822.

Borrow ebooks, audiobooks & magazines



Get Started with Libby!

Wednesday, May 22 6:00 p.m. 2nd Floor—Library Conference Room

Have you tried the Libby app yet? Whether you were an OverDrive app user with questions about Libby or you are interested in borrowing ebooks and audiobooks from our library for the very first time, join us for our Getting Started with Libby training session.

Registration is required. Space is limited to 5 registrants. Please register online at www.wmtl.org/events, or call or visit Adult/Teen Services at 973-728-2822.

*Please bring your mobile device, tablet, or laptop to the training session and check in at the Adult Services desk.



On the Big Screen!

Enjoy an afternoon at the movies with WMTL! Seating is available on a first come, first served basis. Movies are shown in Rm. 6&7 on the 2nd Floor.

Saturdays @ 1:00 p.m. May 11: Oppenheimer Rated R Academy Award Winning film of Oppenheimer's life. A repeat showing by popular demand.

Tuesdays @ 2:00 p.m. May 21: The Big Sleep Not Rated Bogie and Bacall in a sizzling film noir.



Poetry Circle

Saturday, May 18 10:00-11:30 a.m. 2nd Floor Library Conference Room

Join us for a monthly poetry circle with facilitator Susan Lembo Balik. Prompts are used for these generative



writing sessions and participants have the option to share what they've written and/or offer feedback. The sessions are designed to encourage, inspire and lead to new work. No previous experience is necessary. All you need is paper, a pen and your imagination!

Registration is required. Please register online at www.wmtl.org/events, or call or visit Adult/ Teen Services at 973-728-2822.

Tech Help!

Need a little help with library apps on your portable devices? Have basic device troubleshooting or general internet or computer basics questions? Stop by the Adult Services Desk and we'll either help you on the spot or schedule an appointment so we can get you up and running.

Assistance will be schedule in 1/2 hours incre-

ments. No help will be provided for personal documents, buying or selling, or social media activities.

To schedule some time, call or visit Adult/Teen Services at 973-728-2822. Please feel free to reach out to us with questions.



